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MLAs chided over Twitter in House

POLITICS Alberta MLAs were given a tongue-lashing yesterday after being told to put gadgets away and refrain from logging posts on Twitter in question period.

Speaker Ken Kowalski told the legislature he had spotted six MLAs tapping on their BlackBerrys during question period.

"Let's deal with this, or I am going to have to deal with this in an entirely different way?" Kowalski asked the MLAs.

Kowalski said he received a number of complaints from provincial politicians about members logging on to Twitter in the legislature.

He said some messages by MLAs would appear moments before a question is asked in the House.

METRO EDMONTON



From left, city firefighters Paul McGonigal, Brad Lumley, Christian Munoz and Rob Morrison pose with a fundraising graph next to a rooftop tent, which will be their home for the next three days as they raise money for muscular dystrophy.

Alberta's woes short?

JEFF CUMMINGS
jeff.cummings@metronews.ca

Northern Alberta is primed and ready to withstand a worldwide economic meltdown better than anywhere else, a University of Alberta economist told city council yesterday.

Mike Percy, the university's dean of economics, says Alberta will see its economy dip to "grimmer

than expected" levels, but things should change for the better in 2010.

"So many fundamentals are positive in the case of Alberta — the best strategy is to treat this as short term," said Percy yesterday.

Percy was among a handful of financial experts who met with council in city hall as it prepares for its next budget.

Angus Watt of National Bank Financial told council commodity prices would

increase by the end of this year, but Alberta's economy, that is far too dependent on oil and growth, is suffering from a "hiccup."

"There is a need to borrow money for the long term infrastructure today," said Watt. "There is a need to increase taxes, not just here in Edmonton ... but throughout North America — we need to increase taxes because we need more money."

Premier Ed Stelmach,

who says borrowing billions in cash to fund more infrastructure projects is a "serious option" in Alberta's upcoming budget, believes Alberta and the rest of the world could be in a worse situation if no relief is seen next year.

"We have to be very prudent over the next year or two when we're budgeting and there will be tight budgets, there's no doubt about it," said Stelmach yesterday.

Addicts worry shelter staff as mercury drops

VICTORIA HANDYSIDES
victoria.handysides@metronews.ca

The grip of addiction has such a stranglehold on a population of the city's homeless that many choose to endure sub-zero temperatures rather than give up their fix for the night, officials say.

With record-breaking temperatures dropping below -30 C this week, the number of vacant beds at the Hope Mission is surprisingly high, spokesman Peter Gerber said yesterday. "People have to come in of their own volition — they have to want to come in from the cold," he said. "They're not allowed to abuse substances inside our facility. If that's their intention, they're still out there."

Of 900 beds, roughly 600 have been taken up each night this week. There are more than 3,000 homeless people in Edmonton.

"You'll see people camped outside the building sometimes, and it's not because we're full," Gerber said. "If they want to live in their addiction, they're going to be out there trying to maintain it."

A homeless Calgary man froze to death in a park last weekend.

EMS spokesperson Jill McCormick said that emergency crews didn't respond to any cold exposure calls yesterday.

Riding the Recession

Looking for ways to save money and ride out the economic storm? Now through the end of March, Metro will share advice on how to cut down on expenses and navigate your way through the recession.

- Metro Drive Put the brakes on car maintenance costs and keep the mechanic away, pg 12
- Tomorrow Food — Local meals for a steal.



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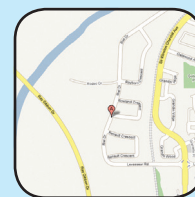
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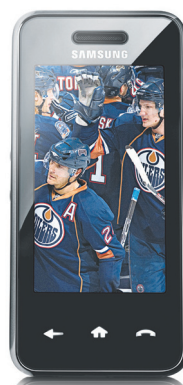
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Edmontonian named among world's top realtors

An Edmonton realtor has been named the world's fifth-best Re/Max realtor, even as the world's economy continues to slump. Terry Paranych was the realty company's top Canadian salesman for a sixth consecutive year in 2009. **METRO EDMONTON**

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Local



Too cold to come into work

Frigid temperatures yesterday forced hundreds of workers at the Shell Scotford Upgrader plant to stay at home. Shell ordered all workers to have the day off, unless workers got a phone call from their boss telling them they had to be on site near Fort Saskatchewan. Temperatures were hovering around the -30 C mark in Edmonton yesterday and it was -40 C at the Edmonton International Airport. **METRO EDMONTON**



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Cold dip for protest

VICTORIA HANDYSIDES
victoria.handysides@metronews.ca

Record-breaking sub-zero temperatures weren't enough to keep financially frustrated post-secondary students from taking a mid-afternoon dip yesterday.

"With the high cost of tuition, a little shrinkage wouldn't be a bad thing," a NAIT student shouted before jumping half-naked into a freezing dunk tank yesterday afternoon, when temperatures hovered around -30 C.

About a dozen students from NAIT, Grant MacEwan College, Red Deer College and Mount Royal College took the icy plunge, hoping to raise awareness and inspire help from the provincial government with ever-rising tuition costs.

"Every year students cry out that they can't pay tuition, and our institutions are between a brick wall and a hard place," said Amy



Marshall Boyd, president of the Red Deer College Student Association, somersaults through the snow with other students during the Tuition Dip Polar Bear Dunk at NAIT yesterday afternoon. Students took the plunge to raise awareness about tuition costs.

Trefry, vice-president of campus life at Grant MacEwan. "We need our government to back us up."

Returning to post-secondary education is a Catch-22 for many students, said

NAIT Students' Association president Brent Constantin, who strapped on a metallic wrestling mask before stripping down yesterday.

"In the economic downturn, a lot of people will be

returning to post-secondary to retrain and redevelop their skills," he said. "Many have established families and lifestyles, and that extra burden of tuition will be a shock to some of them."

Vehicle hit patrol car: Police

ACCIDENT A crash involving an alleged impaired driver Monday afternoon could have been much worse as the vehicle smashed into a patrol car, police said.

Police said officers received a call about a minor collision near 94 Street and Ottewell Drive, and a witness said that one of the drivers, who the officer alleged was impaired, got

back in the car and tried to flee the area.

Just as a nearby school ended classes for the day, a police vehicle intercepted the slow-moving vehicle by a parking lot, officials said.

Ronald Lee Richardson was charged with impaired driving and driving with a blood-alcohol level over .08.

METRO EDMONTON

Ward Chemical hit with order

ENVIRONMENT A northern Alberta company has been slapped with an environmental protection order from the province after it failed to ensure groundwater wasn't being contaminated.

In 2006, officials with Ward Chemical Inc. near Calling Lake were warned to reduce the level of chlorides and other contaminants seeping into the environment.

One year later, government inspectors noted visible impact on vegetation.

METRO EDMONTON

metronews.ca

What's online today.

Video Prime Minister Harper says Canada is poised to profit from the global recession at metronews.ca/canada

Video There's good news and there's bad news in Alberta's newest unemployment numbers at metronews.ca/local

Blogs Political Stripes says it's about time automakers stopped blaming the recession for all their problems.



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THE BAY



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Wednesday, March 11, 2009

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Prize cars should be Canadian-made: Ontario
Ontario's Infrastructure Minister George Smitherman is upset that the province's lottery commission has purchased foreign-made Mercedes-Benz cars to use as prizes. **TORSTAR NEWS SERVICE**

Canada

Stimulus money to be spent quickly, PM says

Ottawa will start pouring \$20 billion of stimulus spending into the economy on April 1 as part of its plan to fight off the global financial crisis, Prime Minister Stephen Harper said in an upbeat speech yesterday.

Harper, whose minority Conservative government plans to spend \$40 billion in stimulus funds over the next two fiscal years, said his officials had slashed red tape to ensure the money could be spent quickly.

"As a result, by April 1, the government will be able to start pumping \$20 billion directly into the economy, representing close to 90 per cent of the stimulus for this fiscal year," he said in the

Job numbers 'not likely to be good'

• The Canadian economy will have a difficult 2009, and jobs data due later this week will be the latest evidence that it is being hit hard by the global eco-

nomie slowdown, Finance Minister Jim Flaherty said yesterday. "These numbers are not likely to be good," Flaherty told the Senate's finance committee.

prepared text of a speech in Brampton, Ont.

Harper said the government would make most of the stimulus funding available on April 1, and said the rest would be available within five months.

The spending will rack up \$64 billion in budget deficits over the next two fiscal years. Harper repeated his line that the deficits would be temporary.

The prime minister, criti-

cized for mishandling the economic downturn, said the government's actions would ensure that Canada emerged in the best position of any advanced nation.

"Canada was the last advanced country to fall into this recession. We will make sure its effects here are the least severe and we will come out of this faster than anyone and stronger than ever."

REUTERS

Vancouver Another shooting



A police officer comforts a distraught woman who showed up at the scene of a shooting that left two people dead inside an apartment yesterday in Vancouver. Since mid-January, there have been 33 shooting incidents in Vancouver and the surrounding area.

May could run in B.C. byelection

POLITICS Green party Leader Elizabeth May says she would consider running for a seat in a soon-to-be-vacant riding out west, but will not make up her mind until a byelection is called.

New Democrat MP Dawn Black announced over the weekend she would resign her federal seat in the British Columbia riding of New Westminster-Coquitlam to run in the May 12 provincial election.

May has said since losing to Defence Minister Peter MacKay in Central Nova last October that she would be willing to run in a byelection anywhere else in the country. But she was noncommittal yesterday about replacing Black.

"I don't rule it out, but I can't make any decisions in the context of which we might have a general election before a byelection," she said. "Until the timing is clear and the writ is dropped, I won't be making any decisions."

TORSTAR NEWS SERVICE

News in brief

LISTERIA A proposed \$25-million settlement in a class-action lawsuit against Maple Leaf Foods over last year's listeriosis outbreak was approved yesterday by a judge in Saskatchewan, moving the case toward a conclusion.

CBC NEWS ONLINE

Pushing for Arctic sovereignty

TERRITORY Canada is stepping up diplomatic efforts to protect its Arctic sovereignty, a move that comes as other northern nations eye the vast area's resource wealth and melting ice invites new shipping.

In a speech today, Foreign Affairs Minister Lawrence Cannon will make clear Ottawa's claim

on its Arctic territory, a message he then intends to take directly to Canada's northern neighbours over the coming months.

"As the prime minister stated many times, if someone threatens our Arctic sovereignty, we will push back," one federal official said, speaking on background. **TORSTAR NEWS SERVICE**

Millions of birds culled illegally: Group

More than 1.1 million songbirds prized as culinary delicacies were illegally slaughtered by trappers in Cyprus in the past year, a conservation group said yesterday. **REUTERS**

5

World

Irish, Brits talk peace

Backlash fears raised after policeman, soldiers slain

Irish and British politicians vowed yesterday to defend the peace process between Northern Ireland's Protestants and Catholics after attacks on security forces by republican dissidents threatened a return to conflict.

The Continuity IRA killed a policeman on Monday, two days after another splinter group shot dead two British soldiers at an army base, in attacks that raised fears of a backlash from pro-British loyalists.

"These people, a small group of evil people, have the capacity to kill and to maim," said Irish Foreign Minister Micheal Martin at

Arrests

- A 17- and a 37-year-old were arrested in connection with the policeman's killing, police said yesterday.

a news conference with British ministers.

"What they don't have is the capacity to undermine the advances that we've made in society on the island of Ireland."

A 1998 power-sharing deal brought relative calm to Northern Ireland after 30 years of bloodshed between minority Irish Republican Catholics and pro-British

Protestants.

The Continuity IRA and the Real IRA, which claimed Saturday's attack, oppose the peace settlement and have pledged to keep up their fight until British rule is overthrown and Ireland united. They do not have widespread support in the province's Catholic community, with a membership in the low hundreds. But their actions have the potential to fuel tit-for-tat violence.

"That has to be a worry that there will be a reaction from loyalist paramilitaries who have more or less gone off the pitch," Ireland's Justice Minister Dermot Ahern said.

REUTERS

Kashmir Special day of worship



A Muslim raises his hands as he looks at the relic of Muhammad on display during the Eid Milad-un-Nabi festival at the Hazratbal shrine in Indian Kashmir yesterday. Tens of thousands of Kashmiri Muslims offered special prayers during the anniversary of the birth of Muhammad.

News in brief

SHOOTING A shooting in southern Alabama killed at least 10 people yesterday afternoon, including the gunman, police confirmed. The shooting happened in Samson, Ala., about 15 miles from the Florida border, a police dispatcher told CNN.

BEHEADINGS Suspected drug gang hitmen dumped five severed human heads in ice coolers on a road in western Mexico yesterday with a message threatening rivals, a state attorney general's office said. Torturing and beheading rivals is common in Mexico's increasingly vicious drug war.

METRO NEWS SERVICE

Dalai Lama denounces Chinese presence in Tibet

ASIA The Dalai Lama said yesterday more and more Chinese were beginning to see a problem with Beijing's rule over Tibet, lamenting how the homeland he fled 50 years ago had become a "hell on earth."

Speaking before some 10,000 Tibetans from around the world, the 73-year-old slammed China for bringing "untold suffering and destruction" during a series of repressive, violent campaigns in Tibet since 1959.

"These thrust Tibetans into such depths of suffering and hardship that they literally experienced hell on earth," he said from the main Buddhist temple in Dharamsala, India, where the Tibetan government-in-exile is based.

China tightened security across ethnic Tibetan areas, aiming to head off potential unrest on the 50th anniversary of an uprising that prompted the Dalai Lama's flight into exile in India.

REUTERS

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Comment

A sign of the times

TheWestView

Paul Sullivan

metronews.ca/thewestview

Every Sunday morning at my house, a miracle happens. It's not what you're thinking; although it's the closest thing I have to a spiritual experience.

Because every Sunday morning the Sunday New York Times arrives on my doorstep.

There it is, brimming with substance, weighing in at five pounds (although it's gone on a diet lately) stuffed with "All the News That's Fit to Print," the world's greatest newspaper.

I sit down with a mug of fresh coffee and get lost for a couple of hours with great columnists, fantastic reporting from around

the globe and the New York Times Book Review, my very favourite thing. Via the Sunday Times, I reconnect weekly with the best of civilization.

So how can it be that this miracle is in jeopardy? That the Times, along with at least a dozen other major U.S. newspapers and Canwest, Canada's biggest newspaper chain, are in danger of dying if they aren't, like the Rocky Mountain News in Denver, already dead?

Well, it's a long story, kids, and because it is happening to journalists, it is being reported with extreme diligence. Check out: mediafade.blogspot.com, poynter.org or

j-source.ca for obsessive coverage. And for the unthinkable demise of the Times, go to theatlantic.com and read End Times: Can America's paper of record survive the death of newsprint? Can journalism? Shiver.

The newspaper industry is partially to blame for its own troubles: It has been slow and erratic in its response to the challenge of online and mobile news. You could argue it is a senseless act of wanton destruction to kill trees to publish the National Post. But the industry can hardly be blamed for the demise of the economy or that advertising revenue is drying up faster than ink on the page.

And while I admire the feistiness and pluck of the Metro chain and its commuter model, I have to wonder what

happens the day the big metro dailies die.

The coffee-mug-half-empty analysis is that newspapers and their hand-somely funded newsrooms are the wellspring of the news and all the others — TV, radio and Google — are mainly parasites. And we're going to find out just what we've lost when they're gone.

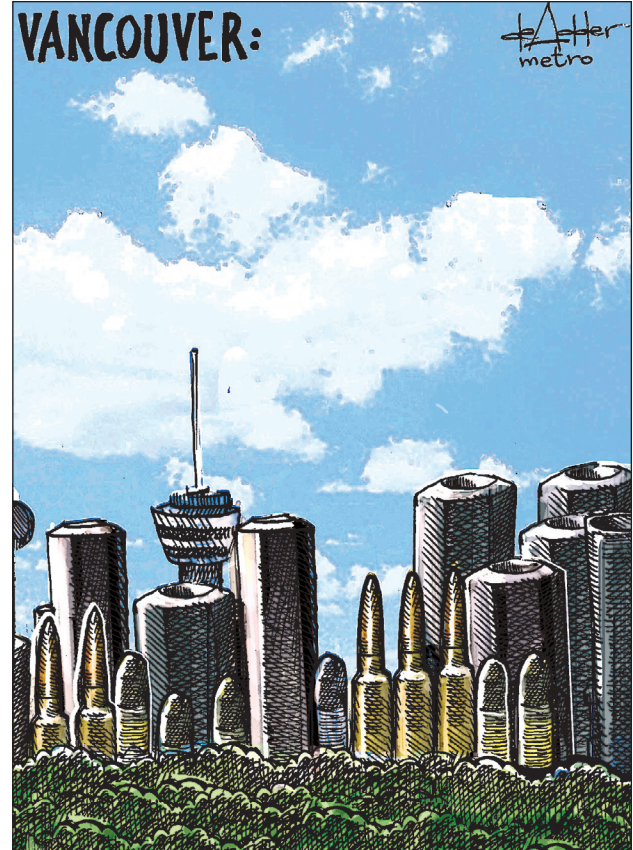
But the coffee-mug-half-full analysis is that while it will change, the news will never die. People will always want to know what's going on and there will always be people with a nose for news who are ready to tell them. Does it matter how we get it, as long as we get it? And anyway, there's no news in a newspaper. By the time we get it, it's a museum, full of stuff we read online at least 24 hours ago. Let it go.

So why can't I let go? I guess I'm finally going to have to face it. While I was standing by the window waiting for the Times, the times just passed me by.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting; vancouverletters@metronews.ca.



VANCOUVER:



MICHAEL DE ADER

Worth mentioning

Sea levels rising faster than expected: Scientists

The UN's climate change panel may be severely underestimating the sea-level rise caused by global warming, climate scientists said recently, calling for swift cuts in greenhouse emissions.

"The sea-level rise may well exceed one metre by 2100 if we continue on our path of increasing emissions," said Stefan Rahmstorf, professor at the Potsdam Institute for Climate Impact Research. "Even for a low emission scenario, the best estimate is about one metre."

Rahmstorf spoke at the International Scientific Congress on Climate Change in Copenhagen. The UN's Intergovernmental Panel on Climate Change in 2007 predicted global warming would cause sea levels to rise by between seven inches and 23 inches this century. The IPCC said at the time the estimate could not accurately take into account factors

such as the melting of ice sheets in Greenland and Antarctica. Many scientists criticized the number as too conservative.

"The ice loss in Greenland shows an acceleration during the last decade," said veteran Greenland researcher Konrad Steffen, director of the Cooperative Institute for Research in Environmental Sciences at the University of Colorado, Boulder.

John Church, a researcher at the Centre for Australian Weather and Climate Research in Hobart, said rising oceans will lead to more frequent devastating floods in coastal areas.

The faster humans limit carbon dioxide emissions, the greater the chance to avoid the most extreme scenarios, he said.

"We could pass a threshold during the 21st century that can commit the world to metres of sea-level rise," he said. "Short-term emission goals are critical."

REUTERS

Word on the street: Do you believe news media play an important role in today's society?

Lori Macdonald

age 40, Edmonton

A: Certainly it does, it's important for everybody to know what's going on in the world.

Kristin Codner

age 23, Edmonton

A: Ya, I do believe media plays a very important role. It's important to have factual information.

Gia Smith

age 39, Calgary

A: Yes, because of the media, people get all the information they need and rely on.

Steven Crane

age 18, Calgary

A: Yes, but I think politicians use the media to their own agenda.

Louieza Skaf

age 26, Ottawa

A: Of course. It gives us information and desensitizes us from what's going on in the world. It also prepares us.

Karl Williams

age 45, Vancouver

A: Definitely. Just because of all the current events that are brought out every day.



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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

The power of traffic

Company looks to roads, railways for energy

An Israeli energy startup wants to turn irritating rush hour traffic into a source of electricity.

Innowattech, a company affiliated with Israel's Technion Institute of Technology, said special generators placed under roads, railways and runways can harvest enough energy from passing vehicles to mass-produce electricity.

The generators contain material that produces electricity when mechanical force is applied, like the pressure from a pass-

Timeline

• Innowattech's Uri Amit said the first pilot program will begin in the coming months on a 30-metre strip of highway outside Tel Aviv, and that similar projects could start internationally in 2010.

ing car's tires.

The process, known as piezoelectricity, has been used for years on a smaller scale, including in barbecue lighters and a dance

club where dancers' feet light the floor.

Uri Amit, chairman of Innowattech, said the company's technology will be the largest application of piezoelectrics to date, with a single one-kilometre lane of highway providing up to 100 kilowatts of electricity, enough to power about 40 houses.

But the technology has its limitations since it can collect a steady flow of electricity only from busy roads and rails.

REUTERS

Business in brief

CAW The results of the vote by members of the Canadian Auto Workers union on a tentative cost-saving deal with Gen-

eral Motors Canada are expected late today.

FORECAST Ballard Power Systems said yesterday that it

does not expect to turn a profit in 2009, based on the Canadian fuel cell developer's growth forecasts.

REUTERS

AIG bailout stirring up resentment

FUNDS The \$173-billion US government rescue of American International Group Inc. is stoking resentment among investors who see it as a backdoor taxpayer bailout of banks.

AIG continues to bleed red ink and its stock and bond holders have been crushed, but one group has suffered almost no damage: Banks that bought credit protection from AIG Financial Products.

Regulatory filings show that since the Federal Reserve announced its rescue of AIG on Sept. 15, about \$50 billion of government money has passed through the company to banks.

REUTERS

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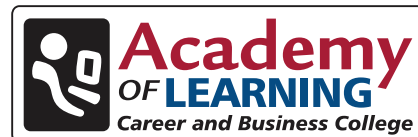
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**SATISFACTION
OR MONEY BACK**

Sports

EDITOR: JOHN.CHICK@METRONEWS.CA

'A disappointing loss'

NHL RESULT

Canadiens 4 Oilers 3 (OT)



THE SKINNY: The Oilers coughed up a 3-2 lead and lost a precious point as Montreal captain Saku Koivu forced overtime in the final five minutes of regulation with his first goal of the game and then won it with his second on a power play 1:40 into overtime.

THE QUOTE: "A disappointing loss, but we did a lot of things well, particularly in the first and second period," said assistant coach Bill Moores. "We kind of fell back in the third, certainly not by design, and they came on a bit."

THE BIG PLAY: Koivu's sec-



Steve Staios of the Edmonton Oilers defends against Christopher Higgins of the Montreal Canadiens in Montreal last night.

ond goal of the game was a deft deflection. He parked himself in front of Edmonton's net and deflected Mathieu Schneider's point shot past Dwayne Roloson.

GAINEY STEPS IN: After firing coach Guy Carbonneau

Monday, GM Bob Gainey stepped behind Montreal's bench. Carbonneau's sacking made him the seventh coaching casualty of the season.

UNPLUGGED: The Oilers power play went 0-for-3 and is on a 1-for-31 slide in its last

eight games. Worse still, Edmonton lost Sheldon Souray in the third period with what's being called a "lower-body injury."

IN THE BOOKS: Patrick O'Sullivan picked up an assist on Souray's goal to put the Oilers up 2-1 for his first point since being acquired from Carolina at the deadline and Steve Staios recorded his 100th assist as an Oiler on Andrew Cogliano's 1-1 goal.

TAKE A SEAT: Bench for the third period of Saturday's 4-1 win over the Maple Leafs in Toronto, inconsistent left winger Dustin Penner was a healthy scratch. Robert Nilsson took Penner's spot in the lineup.

THE NEXT GAME: The Oilers host the Atlanta Thrashers tomorrow.

**ROBIN BROWNLEE
/FOR METRO EDMONTON**

Martin, Howard still perfect

CURLING Kevin Martin and Glen Howard appear to be on a collision course for a rematch of last year's final at the Tim Hortons Brier.

Martin, the reigning national and world champion, and Howard, who won the double-crown in 2007, have separated from the pack with perfect 7-0 records after four days at the Canadian men's curling championship in Calgary.

Martin's Edmonton rink thumped British Columbia's Sean Geall 8-2 in the morning and then blasted Prince Edward Island's Rod MacDonald 11-4 in the afternoon.

Howard beat up on his

older brother, Russ Howard of New Brunswick, 7-2 in the morning draw and then took down Jeff Stoughton of Manitoba 8-5 in last night's action.

Howard faces Jamie Koe of Northwest/Yukon territories this morning and Quebec's Jean-Michel Menard in the afternoon. Martin, meanwhile, plays Northern Ontario's Mike Jakubo in the afternoon and Stoughton in the evening.

Brad Gushue of Newfoundland and Labrador is in third at 5-2. Stoughton and Russ Howard are next at 4-3.

METRO CANADA



Ontario skip Glenn Howard, left, and his brother New Brunswick skip Russ Howard shake hands at the end of their draw.

NHL GMs ready to ban staged fights

PENALTIES The National Hockey League appears poised to reduce fighting.

NHL general managers proposed at the GM meetings yesterday that a 10-minute misconduct penalty be given to players who engage in staged fights after a faceoff. They also suggested that the instigator rule be more strictly enforced, particularly in cases where a player wearing a visor initiates a fight or a



player drops the gloves after a teammate has been bodychecked.

Of the first 500 fights this season, the NHL says 108 occurred right after a faceoff.

Another 118 came in instances where a player was responding to a teammate getting hit.

That number has risen sharply over the years because of the trend where players begin fights after almost any teammate gets hit.

In the past, that kind of response was usually reserved for times when a star player was taken out.

METRO NEWS SERVICES

Sports in brief

SOCCER Liverpool manager Rafael Benitez never dreamed of beating his former club Real Madrid by such a large margin after watching his team thrash the Spaniards 4-0 in the Champions League, he said yesterday. Two goals from Steven Gerrard dealt Real Madrid their biggest defeat in the Champions League and secured a 5-0 aggregate win. Other winners were Bayern Munich, Villarreal and Chelsea.

NBA Portland Trail Blazers guard Rudy Fernandez spent the night in hospital after suffering a chest injury in Monday's 111-94 rout of the Los Angeles Lakers, the team said yesterday. Fernandez will not play tonight against Dallas.

REUTERS

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NHL	
YESTERDAY'S RESULTS	
Montreal 4	EDMONTON 3 (OT)
New Jersey 3	Calgary 2
Toronto 3	N.Y. Islanders 2 (OT)
Atlanta 3	Colorado 0
Columbus 2	Boston 0
Detroit 3	Phoenix 2 (OT)
Philadelphia 5	Buffalo 2
Pittsburgh 4	Florida 3 (SO)
San Jose 5	Minnesota 4 (OT)
St. Louis 5	Dallas 2
Washington 2	Nashville 1 (OT)

NBA	
YESTERDAY'S RESULTS	
New York 120	Milwaukee 112
San Antonio 100	Charlotte 86
Utah 112	Indiana 100
Dallas at Phoenix	
Oklahoma City at Sacramento	
Cleveland at L.A. Clippers	

An Open Letter From Donald Trump To All Edmonton Area Residents Who Want To Get Rich In Real Estate & Business!



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Executive Producer, *The Apprentice*,
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Dear Edmonton Area Resident,

Have you seen my TV show, *The Apprentice*? It’s been one of the top rated shows on NBC for eight consecutive seasons!

Not only that, it has made me a media phenomenon and forever changed my life.

And now, at the age of 60, I’ve decided to make a bold move to share my knowledge and experience in such a way that it could be a great advantage to you.

What Kind Of Advantage?

The best kind of advantage; the kind of advantage that could make you money and make you rich.

If you are seriously interested in hearing what I have to say about being successful, about making money and about getting rich, please read every word of this letter carefully. It contains an invitation for you to discover what has taken me the better part of my life to learn and put into action.

Please let me explain.

Before *The Apprentice*, I was famous for building the world’s largest and most beautiful buildings, golf courses and casinos, and for being a marketing whiz when it comes to succeeding in business. Everywhere I went people treated me like royalty and I was generally considered a big shot.

Everything Has Changed!

Because of *The Apprentice*, everything has changed. I have truly become a household word, globally. Everywhere I go people say something to me. Sometimes they say, “Trump, you’re fired!” Or, “You’re hired!” But always, they greet me with respect, humor and friendship. It’s like they know me personally.

I love that!

With this monumental fame there comes a great responsibility (and an enormous opportunity) to make a huge contribution to the North American economy.

Something Extraordinary For You!

Since the amazing success of *The Apprentice*, I have been wondering what to do with this new power of worldwide fame. Recently I got the idea to do something truly extraordinary and totally outside of the box.

What I’ve decided is that I want to train and educate the next generation of real estate moguls and business entrepreneurs. Why?

There are two very good reasons:

Reason #1:

America’s been very good to me and my family and this is a great way I can give back to the country and help stimulate real economic growth.

Reason #2:

I believe that what I have to share will create so much success for my students, that I will leave a legacy as being the father of modern real estate acquisition and entrepreneurial success.

You see, one thing you should know about me is that more than anything, I want to be known as a great businessman, maybe even the greatest!

That’s why I have created Trump Institute.

Want To Know How I Do It?

Would you like to know how I buy and sell real estate? How I pick properties for huge profits and high yield equity gains?

Would you like to know what I look for when buying a business or starting a new business? If so, I’m inviting you to come to a special seminar introducing Trump Institute. At this seminar you’ll see first hand the type of education I am offering.

Who Should Attend?

If you’re asking yourself, “could this be the moment that changes everything for me?” All I can say is, you’ll never know unless you try.

Your Success Depends On You!

Ultimately, your success depends on you, and with my help, you can get an education and an advantage that has not only proven to work for

me, but it has also worked for many of the world’s richest men and women.

You see, in my quest to be the best, I have sought the advice and guidance from people who have also experienced mega-billionaire success. I have incorporated their techniques and experiences into my own personal treasure chest of successful business and real estate knowledge, strategies, and wisdom.

A Powerful Team of Experts!

I also have an incredible team of business entrepreneurs and real estate mavens (very talented experts), who deliver my material and my lessons.

These are men and women who are highly successful professionals in business and real estate. They speak from my lips to your ears and they back it up with experience, knowledge and wisdom. I wouldn’t put my name on it any other way.

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Metro Drive

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

Greener wheels for Coke

Wouldn't you like to have your Coke with a dash of green? Now you can. Soft drink giant Coca-Cola has placed an order for 185 hybrid transport vehicles with truck manufacturer Kenworth, Canadian Driver reports. The delivery trucks are expected to hit the road this year.

METRO NEWS SERVICES

Service in time saves dime

MARK ATKINSON
for Metro Canada

We've all felt the current recession's sting in one way or another, and an honest reaction would be to try and save as much money as possible by doing things ourselves rather than paying someone else. Doing basic maintenance and repairs on your vehicle can be simple. However, they have become so complicated in recent years that you can get in a lot of trouble very easily if something goes wrong.

Gary Grant, service manager at Willowdale Subaru in Toronto, and an automotive expert who currently contributes to TheGarageBlog.com and Driven-

Wheels.com, advises: "Do a bit of research. Read the maintenance section of the owner's manual. Understand what the manufacturer considers important. Because we live in Canada, follow the manufacturer's 'severe' service schedule," he said.

"I'm often asked, 'Can't I do that myself?' My response is usually something along the lines of, 'I don't know. I'm not sure of what skills you have.' For the most part, the basics like oil changes haven't changed in terms of difficulty. However, oil changes are more important now than ever due to tighter build tolerances in engines. Do them on time. Don't reach for the cheap filter, buy the good one. Don't



Apart from simple do-it-yourself checks, it's important to know and take care of those aspects of vehicles that need regular maintenance to avoid costly repairs, car expert Gary Grant says.

miss an interval, ever."

Grant said that tire rotation could be a realistic task for those with proper equip-

ment.

CarCareCanada.ca, a website that helps consumers understand more

about their own vehicles, suggests other simple tasks that you can do yourself.

First, ensure that all your lights are functioning properly, including turn signals and brake lights. These are usually very easy to replace if they're burnt out. Next, check all the fluid levels under your hood, including engine oil, windshield washer, anti-freeze/coolant and transmission fluid. Check the terminals on your vehicle's battery for corrosion, and if you find some, have your technician clean them the next time your car's in for service.

Wiper blades and the frames themselves are also very easy to change, and you can purchase replacements at any auto parts store.

Riding the Recession

CarCareCanada.ca also recommends keeping good tire pressure to ensure your vehicle performs as it's supposed to, including fuel mileage.

Preventative maintenance is also vital to keeping your vehicle in top shape, and only a drop in the bucket compared to what you might pay if something goes horribly wrong.

"There are more than a few tales of consumers buying a new engine at 50,000 km because they missed a couple of oil changes and the engine failed," Grant warned.



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The 2009 Hyundai Elantra Touring isn't just an Elantra sedan with a liftgate, as was the case with the Elantra Hatchback, last seen for 2006.



Intelligent Elantra

JIL MCINTOSH
for Metro Canada



With cars, size isn't everything. When hatchbacks are thoughtfully designed, they'll hold a lot more than their small footprints would suggest. That's the case with Hyundai's newest compact version, the 2009 Elantra Touring.

This isn't just an Elantra sedan with a liftgate, as was the case with the Elantra Hatchback, last seen for 2006. It's a model known as the i30 in Europe, Australia and Asia, and while it shares the Elantra's 2.0-litre four-cylinder engine, it has a different platform. European models are built in the Czech Republic, while ours come from Korea.

Four trim lines range from \$14,995 to \$21,195, with an extra \$1,200 on each to switch from five-speed manual to four-speed automatic.

At 138 horsepower, the Touring isn't the most powerful in the segment, but this isn't really a category for brute strength. It feels lively enough, even when climbing hills, and gets loud only when punched hard to get around highway traffic.

Handling is much better than expected, with nicely-weighted steering, minimal body lean in corners, small steering wheel, and smooth return from sharp curves. The ride is firm, but while you feel bumps on bad roads, the suspension doesn't crash over them.

The i30 comes in two wheelbase lengths, but our Touring exclusively uses the larger 2,700-mm one, which is longer than any of the challengers Hyundai is targeting — and a long

2009 Hyundai Elantra Touring

Type: Compact hatchback
Price: \$14,995-\$21,195
Engine: 2.4L four-cylinder
HP: 138

Highlights

- Small but spacious
- Affordable pricing

wheelbase helps with a smoother ride.

The base L trim line comes with power windows and locks, but you must move up to the Preferred Package, at \$2,250 more, to get A/C, keyless entry, heated seats, side and curtain airbags, anti-lock brakes, and active front head restraints, which help prevent whiplash. What's missing on all models is electronic stability control. It's standard or optional elsewhere, including the U.S., but not offered here because it would have pushed the price too high, Hyundai Canada says.

This is where I'm supposed to scold about how important this feature is,

and I'd like to, given our oft-slippery Canadian roads and the fact that entry-level buyers are often young, inexperienced drivers. But the reality is that even inexpensive cars represent a lot of money, and with automakers trying to meet what buyers will pay, Hyundai isn't the only one. Among competitors, ESC is standard only on the pricier Pontiac Vibe and Subaru Impreza; it's optional on VW Rabbit and Saturn Astra, elective only on higher trim levels of Toyota Matrix and Dodge Caliber, and unavailable on the 2009 Mazda3, Kia Spectra5 and Nissan Versa.

Legroom is considerable both front and rear, and Hyundai says its cargo volume is the class leader: 689 litres with the rear seats up, and 1,848 with them folded. Low-slung "shingle-style" rear head restraints don't need to be removed to fold the seats, and they aid rearward visibility, along with generous rear quarter windows that make shoulder-checks easier than with many hatch-

backs.

In this crowded segment, Hyundai hasn't quite brought a gun to the knife-fight, but it's got a very sharp blade. Intelligently sized, nice to drive and well-finished, it should be more than enough for many buyers' needs.



Inside, legroom is considerable both front and rear, and Hyundai says its cargo volume is the class leader: 689 litres with the rear seats up, and 1,848 with them folded.

In brief

SAFETY The 2009 North American Car of the Year Hyundai Genesis sedan bolstered its resumé with a top safety pick rating from the U.S.-based Insurance Institute for Highway Safety (IIHS). Hyundai's all-new flagship earned a "good" overall evalua-

tion in side impact, frontal offset and rear crash tests, the highest ranking awarded by the Institute. To qualify for a top safety pick, a vehicle must earn the highest rating of "good" in the Institute's front, side, and rear tests. **METRO NEWS SERVICES**

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Travel



Don't knock Vegas

Las Vegas casino legend Sheldon Adelson has launched a quest for America's most boring city in a comeback to President Barack Obama's criticism of bankers who hold meetings in the famous gaming capital. Obama last month warned companies that get bailout cash against spending it on activities potentially seen as perks — sparking a row with hotel and resort operators who say they are already struggling to fill rooms. **REUTERS**

TRAVELDESK@METRONEWS.CA

Caye Caulker's laid-back lifestyle

Belize backpacker haven is quite content to fly under the radar

DAVID WHITLEY
for Metro Canada



As the sun slowly crawls down the skyline, the cares of the world are far away. At a table almost enveloped in water, a group sits in their swimwear, knocking back beers number eight and nine.

They're cheering on the guys by the diving board, who are attempting ever more ambitious plunges into the fast-flowing channel that divides the two halves of the island.

The crowd gathered at the Lazy Lizard bar are a clue to what Caye Caulker offers. Off the coast of Belize and situated next to the world's second biggest barrier reef, it has become something of a secret backpacker hotspot.

Caye Caulker doesn't have any beach worth



A view of the waterfront in Caye Caulker.

speaking of, and this is arguably what helps it to retain its character. The resorts are never going to take over in the same way that they have on Ambergris Caye further north purely because the masses have no

sandy stretches to lie on.

It's an island of bright clapboard guesthouses, an anything goes attitude and a slow, shuffling pace. Within minutes of arriving, hectic hurrying is reduced to a contented shamble along the colourful main drag, and two-for-one daiquiris before lunch seem mighty tempting.

It's a seriously relaxed place. Everything works on island time, happy hours last "until everyone is hap-

py," and any sartorial advance on shorts and flip-flops is completely overdressed.

Many visitors to Caye Caulker are lured by diving or snorkelling trips with rays and manatees, but stay because of the vibe. It's the sort of place that sucks people in.

Many will come for two days, extend for a couple more and before they know it, they've not seen their family for 12 years.

Caye Caulker

- There are no direct flights to Belize City from Canada — flights with American Airlines, aa.com, from major hubs generally involve a change in Miami.
- From Belize City, it's necessary to get a ferry to Caye Caulker. Geckos Adventures,

geckosadventures.com, has a 10-day tour between Cancun, Mexico and Antigua, Guatemala, which stops off at Caye Caulker for two nights.

- Visit gocayecaulker.com.

DAVID WHITLEY/
FOR METRO CANADA

Hence, the ranks of those that live on Caye Caulker are multinational. Boat skippers from Nicaragua, crew from Canada, dive shop managers from the UK and grocery store owners from China are common.

It's a place where the party is never planned, but one could break out at any time. A quiet bar can morph into a sin-packed reggae club in which some of the dirtiest bumping and grinding imaginable takes place.

And then the next morning, one of those dancers may well turn out to be the captain of the reef trip boat. Turning up 40 minutes late for the tour with a pounding head, then throwing a series of empty beer bottles off his rainbow-coloured

vessel before departure is absolutely par for the course.

But if you finally do get out into the Hol Chan Marine Reserve, it's a wonderful playground. It becomes something of an aquatic highlights reel. Alongside the manatees and rays are sharks (not the man-eating variety), eels, barracudas and turtles. Throw in brain coral and thousands of brightly coloured fish, and snorkelers are pretty much guaranteed to hit the jackpot.

Despite this, the reef is just a pleasant bonus for those that kick back on Caye Caulker. If there's one place that perfectly captures the island's ridiculously laid-back vibe, it's Jolly Roger's Grill. To call it a restaurant would be going a little bit far — it's just one man and his oil can barbecue, with a few tables scattered by the beach. There are generally only two or three menu options, and the dishes come served in polystyrene boxes.

Doesn't sound all that promising, does it? But the old adage of never trusting a skinny chef comes into play here. Roger is enormous, and as jolly as the name of the restaurant suggests. He also makes the best snapper in garlic sauce you'll ever taste, and routinely grills lobsters for virtually nothing, as if they were common-or-garden chicken fillets from a budget supermarket.

Nothing fazes him — if 20 people turn up at once, he just dishes out free rum punches while he cooks, and sends a friend down to what passes for a supermarket in order to get some hot sauce. He's Caye Caulker through and through — a drink, a smile and a "no problem" is the cure for all ills.

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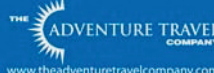
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Law & Order: SVU's Mariska Hargitay is on the road to recovery, and will likely be solving on-screen crimes again soon. Hargitay was hospitalized for the third time last week for discomfort related to a collapsed lung, which she suffered in January. TVGUIDE.COM

Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA



New Moon

Kristen Stewart thinks *New Moon* will be "bigger and better" than *Twilight*. The actress is about to reprise her role as Bella Swan in the second installment of the vampire franchise. FEMALEFIRST.CO.UK

The cure for a crisis

Knowing and other fantasy films offer escape from reality

CHRIS ALEXANDER
for Metro Canada



Last week saw the release of Zack Snyder's *Watchmen*, a mammoth, morally dubious superhero saga whose dramatic arc rests on questions of sacrificing mankind in order to save it.

And now we have cult filmmaker Alex Proyas' blockbuster science fiction thriller *Knowing* — out next Friday — a picture that veers into apocalyptic dread and alien paranoia but in its subtext, is really offering a shocking solution to our planet's myriad of cultural, economical and environmental problems.

It's a classic case of using fantasy to cloak sophisticated musings on reality.

Since cinema started, periods of social, political and, yes, financial stress have caused some of the most profound and thoughtful genre movies to come crawling out of the ether, offering both glossy escape from reality and hard stares directly into it.

This was true in the 1920s in Germany, when the battered post-First World War youth culture gave birth to the nightmarish films of the expressionist movement, which led to the Great Depression sparked advent of earthy, gothic horror films in the

Movie feature

U.S.

The 1950s saw a McCarthy paranoia fuelled populace wither under an onslaught of allegorical alien invasion thrillers, while in the early 1970s, as the news spat out violent images of Vietnam, people gravitated toward mind-bending techno-shockers that showed mankind at its morally lowest.

And now, as North America struggles to dig itself out from under a seemingly unyielding economic crisis and with the war in Iraq and Afghanistan continuing to rack up casualties, multi-

plexes are being besieged by a new wave of anxious, dark and ultimately fascinating films, pictures that offer a bleak world view coupled with elements of the supernatural and metaphysical.

"What I've always liked about the fantasy, horror and science fiction genres is that it heightens the background noise of the characters," says Proyas — who also directed *Dark City* and *The Crow* — about the genre he chiefly toils in.

"It gives people them an extreme version of the real world to see how people react in it. But no matter how strange events can get, it's always about the



Rose Byrne, left, and Nicolas Cage star in a scene from the upcoming film *Knowing*, which opens in theatres next Friday.

humanity. Sometimes you really have to look deeply for it, but it's always there, driving the story."

Film is, and always will be a mirror and though the heavy shadow of recession

looms large, some comfort lies in the promise that because of this, Hollywood might continue releasing lavish entertainments that actually challenge and confront us.



what's cooking

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The gimmick's up

RAFAEL BRUSILOW
for Metro Canada

Gimmicky challenges and his own gimmicky designs finally brought Hamilton designer Jason Meyers' journey to a halt on last night's episode of Project Runway Canada.

Last night's unusual material of choice was Post-It notes and designers were challenged to use the sticky paper strips to create a dress for a breast cancer survivor. Meyers, 31, used fluorescent yellow and pink Post-Its to create an enormous gown that judges called "a train wreck" and he was sent home.

He says doing the show was a great learning experience that forced him to think differently and gave him a chance to share ideas with like-minded individuals.

"It was definitely a growing experience as a designer for me. I developed more and it was cool to see different techniques and styles from the other designers," Meyers said.

Iman and the other judges frequently referred to Meyers as a "gimmicky" designer, but he insists he just did his best with challenges that were innately strange, like using old wedding dresses for fabric or making a gown out of Post-It notes.

"The challenges I found were gimmicky themselves, so I kind of just went for it," Meyers said.

Tasked with creating a camouflage dress in week one, Meyers built a dress with a tail that could be pulled over the model's head to hide her. In another week, Meyers sewed in thumb fasteners across the surface of a dress to let it go from day to evening by having the model clip parts of it up or down.

He admits time and budget constraints were the biggest challenge on the show and he's proud of having made it as far as he did.

GlobalStyle



Kenya Hunt

Read Paris Fashion Week reviews, exclusively at metronews.ca/globalstyle

For complete online movie listings, trailers, reviews and tickets, visit:



metronews.ca/movies



Designer Jason Meyers was sent home last night.

"We only had one zipper and \$100 to buy fabric — that was really hard. I didn't give up and tried to work through it as best as I could," Meyers said.

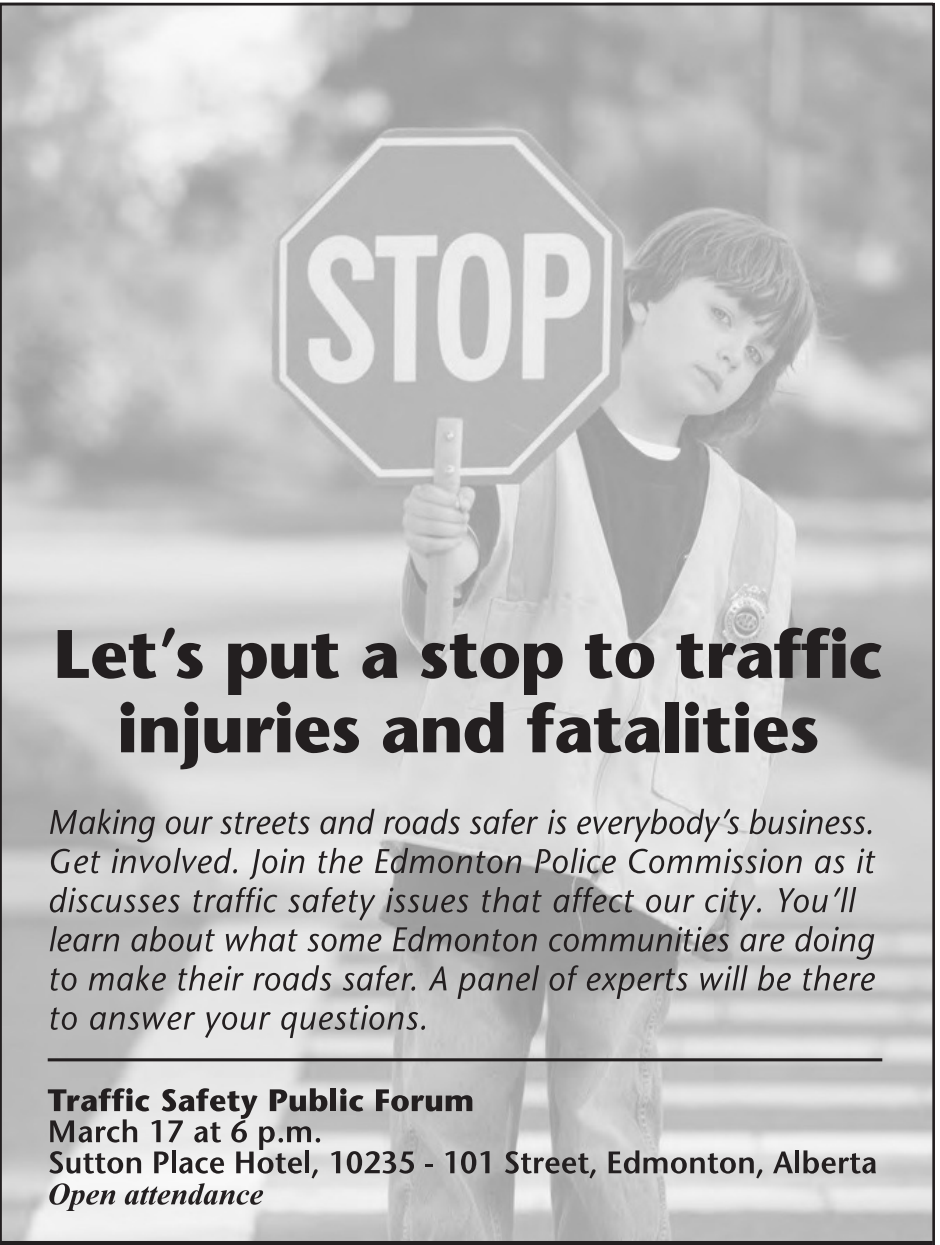
Meyers is proudest to have won week two's challenge, when Canadian actress Elisha Cuthbert picked his classic, black Hollywood dress for herself to wear, calling it "beautifully made."

Unlike some of the designers who engaged in back-biting drama on the

show, Meyers says his goal was always to be a neutral force and focus on his own work. "I just tried to do my own thing. I wouldn't sabotage anybody because we're all designers, we're all there for the same reason," Meyers said.

When to watch

- Project Runway Canada airs on Tuesday nights on Global.



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#	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
3/11/09	2	CFRN	239 318	etalk	Hollywood	CSI: NY "Green Piece"		Criminal Minds (N)		American Idol (HDTV)		News (N)
	3	KHQ	- 370	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	The Chopping Block		Life "Shelf Life" (N)		Law Order: CI
	4	CBXT	- 307	Coronation St.	Jeopardy! (N)	The Week the Women Went		Being Erica (N) (DVS)		CBC News: The National		The Hour
	6	KREM	- 372	News (N)	Hollywood	The Doctors (N)		Old Christine	Gary Unmarr	Criminal Minds (N)		CSI: NY
	7	CKEM	241 347	Law & Order: SVU		Murdoch Mysteries		The Chopping Block (N)		Nip/Tuck (HDTV)		Your City
	8	CITV	240 339	ET Canada	Entertainment	(8:02) Life on Mars		Lie to Me "Do No Harm"		Bones (HDTV PA) (N)		News Hour
	11	OMNI	-	Two/Half Men	The Simpsons	News		News		The Simpsons	King	Metropia
	12	CBXFT	119 705	Virginie (SC)	L'Épicerie	Le Match des étoiles (SC)		Les Invincibles (SC)		Le Téléjournal et Les Nou		TJ Alberta
	13	KXLY	- 371	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Scrubs	Scrubs	Lost "LaFleur"		Life on Mars
	16	KAYU	- 373	The Simpsons	Raymond	Two/Half Men		Lie to Me "Do No Harm"		American Idol (HDTV)		News (N)
news	19	CHTV	-	The Insider (N)	E! News	Mariah Carey: THS		Knight Rider		Party Monsters: Cabo (N)		News (N)
	22	KSPS	- 374	NewsHour With Jim Lehrer		Victor Borge: 100 Years of Music & Laughter!		Andre Rieu: Live in Vienna				
	24	WTVS	- 364	Paul Simon	John Denver: The Wildlife Concert			Great Performances			Box Office	Performances
	15	CBCN	502 -	CBC News: The National		Tropic of Capricorn		CBC News: The National		CBC News: The National		Capricorn
	21	TWN	505 398	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	27	CNN	500 500	Larry King Live		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360
	54	CTVN	501 391	CTV Newsnet		News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News
	70	BNN	504 508	Squeeze Play		Market Call		Headline	Market Call	Commodities	Business News	Squeeze Play
	20	TSN	400 400	NHL Hockey	Curling Tim Hortons Brier -- Draw 14. From the Pengrowth Saddledome in Calgary.							Billiards
	23	net	408 418	Baseball	Sportsnet Con.	Baseball World Classic -- Teams TBA. From Hiram Bithorn Stadium in San Juan, Puerto Rico.						Sportsnet Con.
sports	47	SPEED	417 406	Pinks (HDTV)	Drag Race	Drag Race	Wrecked	Pimp My Ride	Pass Time	Pinks Outtakes	Pinks Outtakes	Pinks (HDTV)
	94	SCORE	410 403	Aussie Millions '09		Score Tonight		Hardcore Hockey Talk		Final Score	Final Score	Final Score
	9	EDACC	267 351	Alberta Primetime (Live)		Law & Order: Criminal Intent		America's Next Top Model (N)		Lost "LaFleur"		Primetime
	14	YTV	552 543	Drake & Josh	iCarly	In Real Life (N)		Malcolm-Mid.	Futurama	Adrenaline Proj	Prank Patrol	Falcon Beach
	17	TREE	553 546	Little Bear	Bucket-Dinos	Comfy Couch	Big & Small	Max & Ruby	Babar	Backyardigans	Dora-Explorer	Go, Diego, Go!
	42	TOON	555 545	Ben 10: Alien	Johnny Test	Totally Spies	Total Drama	6TEEN	6TEEN	Futurama	American Dad	Robot Chicken
	45	FAM	557 541	Zoey 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School
	-	TVA	121 714	TVA 18 heures	Le Cercle (SC)	Poule-oeufs or	Star Académie: Destinées (SC)			Dommages et intérêts (SC)		TVA 22 heures
	18	CMT	575 583	Reba	Reba	Hope & Faith	Hope & Faith	Three Chords	Sessions	Home Improve.	Home Improve.	Reba
	25	A&E	615 520	Dog the Bounty Hunter		Bounty Hunter		Exterminators	Exterminators	Bounty Hunter	Bounty Hunter	Bounty Hunter
family	26	MMM	571 581	40 Hottest Hotties of the '90s Sexiest celebrities.				Revival	Back In	Party of Five		Confessions
	29	FOOD	603 561	Iron Chef America		Ultimate Recipe Showdown		Restaurant Makeover		Challenge		Iron Chef Am.
	31	SHOW	617 522	Wife Swap		The Outer Limits		Cashing In	About a Girl	The Guard (HDTV)		Big Love
	32	DISC	520 505	Deadliest Catch		Mayday "Desperate Escape"		Daily Planet		MythBusters		Austin Stevens
	33	SLICE	601 562	End of Leash	End of Leash	Kimora: Fab	Kardashians	ET Canada	Til Debt-Part	Real Housewives OC		Trading Sp
	34	W	602 567	Style by Jury	Style by Jury	Will & Grace	Friends	Grocery Bag	Grocery	Supersize vs. Superskinny		Stuck "Food"
	35	TLC	521 560	I Eat 33,000 Calories a Day		Mystery Diagnosis		My Shocking Story		I Eat 33,000 Calories a Day		Mystery Diag.
	36	BRAVO	620 523	Wingfield	Wingfield	Death at-Opera	Broadway	Law & Order		Without a Trace "911"		Music-Chance
	38	SPIKE	628 584	UFC Fight Night				CSI: Crime Scene Invstgtn.		CSI: NY (HDTV)		Disorderly
	40	HIST	522 506	Ice Road Truckers		NCIS "Missing"		Sea Hunters		Ice Road Truckers		Modern Marvel
cable variety	41	COM	626 547	Laughs	Comedy Now	Air Farce	Just for Laughs		Corner Gas	The Simpsons	South Park	Jon Dore Show
	43	SPACE	627 528	Primeval		Stormworld	Watchmen	Stargate SG-1		Star Trek: Next Gener.		Trek: Voyager
	44	WPCH	294 650	(6) The Bourne Supremacy		Fresh Prince	Seinfeld	Family Guy	Family Guy	The Bourne Supremacy (2004, Suspense)		
	46	OLN	411 457	Mantracker	Mantracker	Bounty Hunter	Bounty Hunter	Survivorman		Mantracker	Mantracker	Bounty Hunter
	48	TROP	619 525	What Happen?	What Happen?	Reality	Ad Persuasion	Family Guy	Seinfeld	Seinfeld	Raymond	Family Guy
	50	STAR	621 527	Blush: Make-Up Artist		The Tonight Show-Jay Leno		TMZ	etalk	The View (HDTV)		Ellen Show
	52	HGTV	600 564	Property Virgin	Unsellable	Hid Potential	Really Big Flip	Holmes on Homes		Property Virgin	Unsellable	Mansions
	65	TLN	700 800	UEFA Champ		Raymond	Raymond	George Lopez	George Lopez	The Sopranos (SS)		David Rocco
	92	APTN	269 350	APTN National News: Contact		Living Legends: El Salvador		Canadian Geographic		Miywayawin	Guides	Wings-Canada
	93	VISION	261 394	SOUL "My Way" (N)		Driven-Vision	Supernatural	Poltergeist: The Legacy		It Runs in the Family (1994, Comedy)		
cable variety	100	MTV	581 566	The Real World				MTV Live	After	From G's to Gents		Real World
	101	MM	570 580	Brit Awards '09				PunchMuch		America's Best Dance Crew		disBand
	102	CPAC	512 396	(6:30) Primetime Politics				Question Period		Prime-Politics	Primetime Politics	
	103	VIVA	526 507	Medium		Mediums	Psychic Det.	Mediums	Encounters	Judging Amy		Medium
	106	RDI	126 730	Le Téléjournal (SC)		RDI en direct		Le National	Le Téléjournal (SC)	Le Journal RDI	Le National	Le Téléjournal

critics'corner

The Chopping Block
Two teams of eight compete in culinary challenges for a shot at the grand prize: a chance to open their own restaurant. The first competition pits them against each other to create a menu for host Marco Pierre White to judge by the end of the day. After less than 48 hours, the contestants must open their restaurants for service, to be evaluated by a top food critic from Atlantic magazine. 9 PM on CKEM, KHQ



Criminal Minds
The members of the Behavioral Analysis Unit investigate a series of deaths with eerie religious overtones, but none of them is more unsettled than Prentiss (Paget Brewster), who has a personal connection to one of the victims. 10 PM on KREM

Life
Crews and Stark (Damian Lewis, Brent Sexton) are drawn into the world of extreme corporate power while investigating the stabbing death of a soldier killed while on leave in Los Angeles. Meanwhile, Crews makes a startling discovery, thanks to Amanda Puryear (Helen McCrory, aka Mrs. Damian Lewis), who was the late Mickey Rayborn's security specialist. 10 PM on KHO



On Wednesday, Anne Heche's two-year divorce battle with Coley Laffoon came to an end. Although they reached a settlement last June, it took another nine months to hammer out custody details and the split of their assets, reports people.com. **METRO NEWS SERVICES**

Celebrity Buzz

Rihanna & Brown recording a duet?

MUSIC Rihanna and Chris Brown are recording a duet, femalefirst.co.uk reports.

The couple — who have reconciled after Brown allegedly assaulted Rihanna in his rented Lamborghini last month — are said to be working on a song for Brown's new album, which is due out later this year.

A source said: "They've been working on it together."

The pair is believed to be recording with producer Polow Da Don — who wrote the Pussycat Dolls hit Buttons — in a Santa Monica studio. Nei-

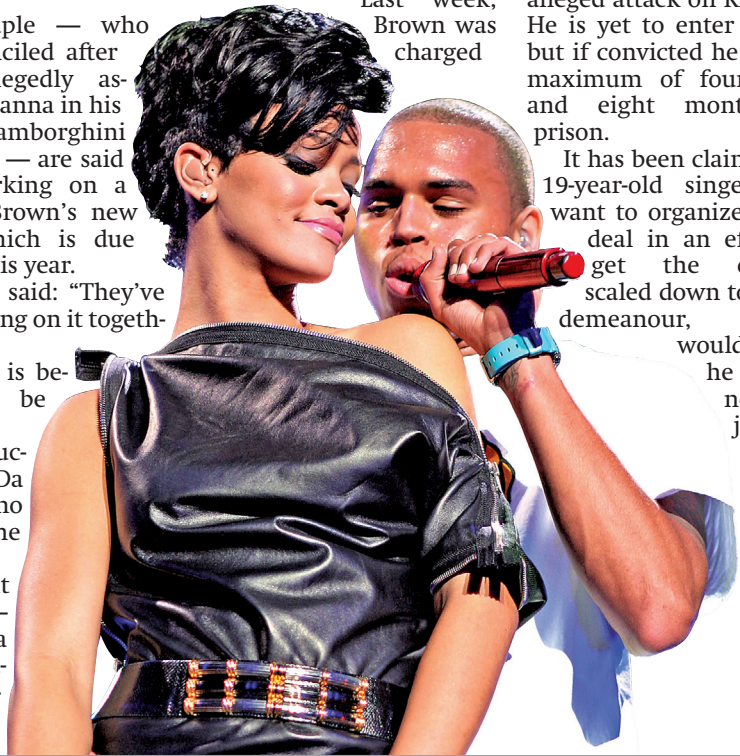
ther Brown nor Rihanna's representatives have commented on the claims.

Last week, Brown was charged

with two felonies — assault and making criminal threats — in relation to the alleged attack on Rihanna. He is yet to enter a plea, but if convicted he faces a maximum of four years and eight months in prison.

It has been claimed the 19-year-old singer may want to organize a plea deal in an effort to get the charges scaled down to a misdemeanor, which would mean he would not face jail.

METRO NEWS SERVICES



GETTY IMAGES PHOTOS

Victoria won't have a baby while David away

FAMILY Victoria Beckham has reportedly told husband David she won't have another baby while he is living in Italy, femalefirst.co.uk reports.

Although the soccer hunk is keen to have a fourth child, the former Spice Girl has reportedly told him it is not feasible while he is playing soccer for AC Milan and she and their three sons are living in the

U.S., where Beckham was playing for the Los Angeles Galaxy.

A source said: "The baby issue is a bit of a sore point. In Victoria's eyes it's not the right time. David's future with Los Angeles Galaxy is so uncertain that planning for another child is, in Victoria's eyes, premature. First, they need to sort out where they are going to be living."

METRO NEWS SERVICES



Barton talks about beau on her blog

RELATIONSHIP Mischa Barton took to her blog yesterday to clear the air about her recent split with musician beau, Luke Pritchard, popeater.com reports. Although she says the two will remain friends, Barton wrote that "the bad just started to outweigh the good and a long-distance relationship is never an easy thing to do."

METRO NEWS SERVICES



Sets for Blunt's new film were 'realistic'

CAREER Emily Blunt says sets on her new movie were so realistic they made her "heave," femalefirst.co.uk reports.

The actress plays a crime scene cleaner in the independent comedy Sunshine Cleaning and admits the stench while filming some scenes almost overpowered her.

"Oh, they were realistic. Particularly the trailer park one — that was gag-making. We walked on set and I felt myself heave, as it really did smell," she said.

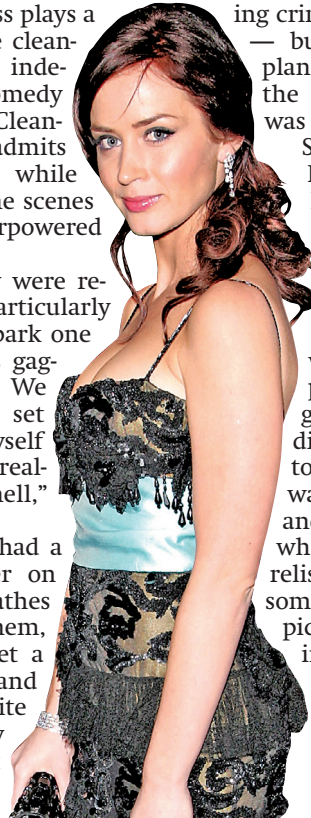
"And we had a fly wrangler on set. He breathes smoke on them, and they get a bit hazy and are not quite so sprightly — I don't

know how he does it."

To prepare for the movie, Blunt and her co-star Amy Adams became "obsessed" with watching crime shows on TV — but admits their plan to get used to the grisly setting was unsuccessful.

She added to the New York Daily News newspaper: "It didn't really help when it came to the gore and dealing with the decomposition. So a guy came in who did it for a living to talk to us. He was very clinical and showed us what he does. He relished showing us some of the horrific pictures and hearing us screeching at them."

METRO NEWS SERVICES



Miley's health condition

HEALTH Miley Cyrus has a condition called tachycardia, which causes her heart rate to speed up, she reveals in her new autobiography, Miles to Go, usmagazine.com reports.

"The type of tachycardia I have isn't dangerous. It won't hurt me, but it does bother me," she writes. "There is never a time onstage when I'm not thinking about my heart."

Cyrus also dedicates a chapter to her "Prince Charming," who ap-

pears to be ex Nick Jonas. "Wow! I was so in love," she says. "Do you know what I'm talking about? The kind of love where the sun could shine or not shine all day long and you wouldn't care."

After they split, she penned 7 Things I Hate About You. "I wanted to punish him, to get back at him for hurting me. It starts with a list of what I 'hate.' But I'm not a hater."

METRO NEWS SERVICES



Octuplets set to go home soon

PEOPLE As they grow stronger in the hospital, Nadya Suleman's octuplets are getting closer to coming home to a larger, recently purchased house — where it looks like they'll have a free fleet of skilled nurses, people.com reports.

The Suleman family is buying a house in Orange County, Calif., that's nearly twice as large as the one where Nadya, 33, the mother of the U.S.'s longest-surviving octuplets, lives with her six older children in Whittier.

METRO NEWS SERVICES



Parton criticizes Simpson scrutiny

GOSSIP Dolly Parton — whom Jessica Simpson has described as her idol — is glad scrutiny of the 28-year-old singer's weight seems to be dying down, usmagazine.com reports. "She's obviously an amazing and talented singer — and one with real heart," Parton told usmagazine.com Monday at the Broadway opening night of 33 Variations. "I just wish people would focus on her voice — that's what she's doing. That's why she's so special. She's a beautiful girl."

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Today
Some clouds
-10°C / -30°C

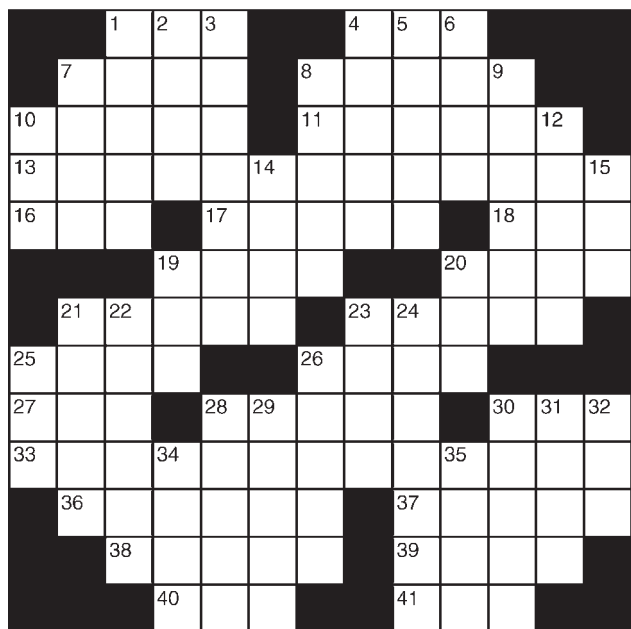
Thursday
Mostly cloudy
-2°C / -17°C

Friday
Snow, clouds
1°C / -7°C



Michele McDougall, Weather Specialist & Host – Breakfast Television
 “My favourite part is reporting the weather. It fascinates me, and as we know around here, it’s always changing, keeping forecasters on their toes.” **WEEKDAYS AT 6 A.M.**

Take Five



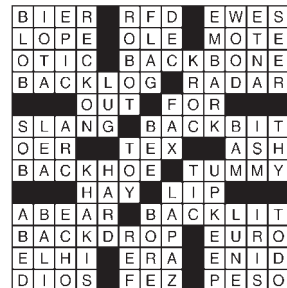
Crossword across

- 1 Ruin the veneer
4 Turf
7 Asian desert
8 Garden intruder
10 “Peer Gynt” composer
11 Go ashore
13 Where the Tar River flows
16 Hawaiian musicmaker
17 Rock opera by The Who
18 Encyclopedia bk.
19 Courts
20 Bigfoot’s cousin
21 Metallic noise
23 Senses
25 Unyielding
- 26 Minimal change
27 Two, in Tijuana
28 Dieter’s entree
30 “Gee, ya think?”
33 Neil Diamond classic
36 Checked cotton fabric
37 Like Chicago, it’s said
38 Mah-jongg pieces
39 Therefore
40 Roulette bet
41 Rotation duration

Crossword down

- 1 Ripple pattern
2 Help a prankster
3 “You betcha!”
4 Whale variety
5 “Wow!”
6 Use an old phone
7 Understand, in sci-fi lingo
8 Washington’s successor
9 Nonsense
10 Wildebeest
12 Entanglements
14 Diner employee
15 Foreman foe
19 Pale
20 Still
21 Throng
22 Go postal
- 23 Phobia
24 Provided an income for
25 Egos’ counterparts
26 Sculpting mediums
28 Subway entrance
29 Played a part
30 Unclean
31 Destroy
32 “Yo!”
34 Eastern potentate
35 Old Italian money

PREVIOUS DAY’S CROSSWORD AND SUDOKU ANSWERS:



1	8	5	9	2	3	4	7	6
7	2	9	6	4	5	3	1	8
6	3	4	1	7	8	2	9	5
3	4	8	5	1	9	7	6	2
2	9	6	4	8	7	1	5	3
5	7	1	2	3	6	9	8	4
9	6	7	3	5	2	8	4	1
8	1	2	7	6	4	5	3	9
4	5	3	8	9	1	6	2	7

Find today’s answers + play more games at metronews.ca

SUDOKU SOLVE TIME:	17-21 min	Smart
Under 13 min	21-25 min	Not bad
13-17 min	25+ min	Keep practising

Metro Recipe of the Day



Spring Salmon and Asparagus

INGREDIENTS:
 4 skinless salmon fillets, about 5 oz (140 g) each
 7 oz (200 g) leeks
 1/2 lb (250 g) tender asparagus spears
 5 oz (150 g) sugar-snap peas
 4 tbsp (60 ml) dry white wine
 3/4 cup (175 ml) fish or vegetable stock
 2 tbsp (25 ml) butter, diced
 Salt and fresh-ground black pepper
 1 tbsp (15 ml) snipped fresh chives

METHOD:
 1. Run fingertips over salmon to check for stray bones, pulling out any that remain between flakes of fish. Arrange leeks in single layer in bottom of large, shallow

flameproof casserole. Lay pieces of salmon on top. Surround fish with asparagus and sugar-snap peas. Pour in wine and stock, and dot butter over fish. Season with salt and pepper to taste.
 2. Bring to boil, then cover casserole with tight-fitting lid and reduce heat so liquid simmers gently. Simmer fish and vegetables until salmon is pale pink all through and vegetables are fork-tender, 12 to 14 minutes. Sprinkle chives over the salmon.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month’s Reader’s Digest, on newsstands now!



Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

9	6						2	1
		5	9			3		
4			2		6			
1				7		2	9	
				6				
	8	7		9				5
			3		8			4
		4			5	6		
3	5						1	7

Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
 You’re like an acrobat with no safety net. Make a comedy of a bad situation. It’s not a good time to clean your closets.



TAURUS
APRIL 21-MAY 21
 Your charm gets in the way of facing problems. Take care of pressing business. Make progress toward forgiveness.



LIBRA
SEPT 23-OCT 23
 A sleazy guy should be avoided. A loathsome monster lashes out at incompetence. You hold the future in your hands.



SCORPIO
OCT 24-NOV 22
 An anguished person will listen carefully. An accomplice reminds you to make a call. The rumour mill is rife with speculation.



GEMINI
MAY 22-JUNE 21
 Don’t bet on getting an inheritance. Take the initiative in making a fresh start. A secret meeting will clarify needs and desires.



SAGITTARIUS
NOV 22-DEC 21
 Be creative when wishing for success. Your best friend is a lucky charm. A significant caller gives you some practical support.



CANCER
JUNE 22-JULY 22
 A smart remark causes a volatile situation. Look for closure in a failed endeavor. There’s sorrow behind a sudden departure.



CAPRICORN
DEC 22-JAN 20
 Be patient with a delicate friendship. Your situation is about to improve drastically. Don’t be sarcastic when acting as a matchmaker.



LEO
JULY 23-AUG 23
 A slender person is telling the truth. A woman will be open to a wonderful possibility. An attractive stranger wants to start a family.



AQUARIUS
JAN 21-FEB 18
 Don’t leave a friend alone in the dark. A therapeutic investment will pay off. Carefully monitor a reckless attitude.



VIRGO
AUG 24-SEPT 22
 A sweetheart has been through some bad weather. Walk down Memory Lane with a serious person. Don’t accept less than you deserve.



PISCES
FEB 19-MARCH 20
 A fallen colleague’s questions must be answered. A lonely person helps you learn to stop clinging. Check with a friend you haven’t heard from lately.



This day in history

MARCH 11, 1702: The Daily Courant, the UK’s first national daily newspaper, is published for the first time.
 MARCH 11, 1941: World War II: President Franklin D. Roosevelt signs the Lend-Lease Act into law, allowing American-built war supplies to be shipped to the Allies on loan.
 MARCH 11, 1993: Janet Reno is confirmed by the United States Senate and sworn-in the next day, becoming the first female Attorney General of the United States.
 MARCH 11, 2006: Michelle Bachelet is inaugurated as first female president of Chile.

METRO NEWS SERVICES

WORDY GURDY®

BY TRICKY RICKY KANE
 Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

- NFL replay speed of a TV trailer (2)
- Lion group got going fast (1)
- Pilfered a hockey scoring cage (1)
- Ship level’s dandruff bits (1)
- Wrestler Hulk’s catchphrases (2)
- Yearly car owner’s reference book (3)
- Without talons Xena player Lucy (2)

ANSWERS
 1. SLOMO SLOGANS 2. PRIDE HIEP 3. STOLE GOAL 4. DECKS FLECKS
 5. HOGANS SLOGANS 6. ANNUAL MANUAL 7. CLAWLESS LAWLESS
 3-11-09

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HWY: 5.8L/100KM (49 MPG)*

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HWY: 6.3L/100KM (45 MPG)*



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\$12,393 TOTAL LEASE OBLIGATION



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HWY: 6.4L/100KM (44 MPG)*



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*Only on the 2009 Versa Sedan 1.6 (B4EG59 AA00), 2009 Versa Hatch 1.8 S (B5LG59 AA00), and 2009 Sentra 2.0 (C4LG59 AA00) models. **MSRP for a 2009 Versa Sedan 1.6 (B4EG59 AA00), manual transmission/ 2009 Versa Hatch 1.8 S (B5LG59 AA00), manual transmission/ 2009 Sentra 2.0 (C4LG59 AA00), manual transmission. *Lowest MSRP of any new 2009 Car sold in Canada. \$12,498 MSRP for a 2009 Versa Sedan 1.6 S (B4EG59 AA00). Freight and PDE charges (\$1,325), license, registration, insurance, duties and applicable taxes (including excise tax and fuel conservation tax, where applicable) are extra. All prices are subject to change without notice. †Program applies only to purchase finance offers on all 2009 Nissan models (except for the 2009 Nissan GT-R, 350Z and 370Z models) purchased and delivered before March 31st, 2009. Offer does not apply to Nissan Canada Finance standard rate programs. Delayed payment option not available on cash purchase offers. 1st monthly payment occurs at 90 days into finance contract. Contracts will be extended accordingly. Interest charge (if any) will not accrue during the first 60 days of the contract. After the 60 days, interest (if any) starts to accrue and the purchaser will repay the principal and interest (if any) monthly over the term of the contract. Offer available on terms up to 72 months. ††0% purchase financing for up to 36 months available only on all 2009 Versa Hatch, Sentra, Altima Sedan, Rogue and Titan models. Finance Example for a 2009 Versa Hatch 1.8 S (B5LG59 AA00): \$15,323 Selling Price, including (\$1,325) freight and PDE financed at 0% APR for 36 months equals \$286.75 per month with \$5,000 down payment. Cost of borrowing is \$0 for a total obligation of \$15,323. Up to \$84 PPSA, license, insurance registration and taxes are extra. ‡Lease Examples: \$13,823/ \$15,323/ \$15,573 Selling Price for a new 2009 Versa Sedan 1.6 (B4EG59 AA00)/ 2009 Versa Hatchback 1.8 S (B5LG59 AA00)/ 2009 Sentra 2.0 (C4LG59 AA00) at 5.9%/ 2.9%/ 3.9% lease rate for a 60/60/60 month term. Monthly payment is \$189/ \$189/ \$189 including (\$1,325)/ (\$1,325)/ (\$1,325) freight and PDE with \$950/ \$895/ \$1,050 down payment, and \$0/\$0/\$0 security deposit. License, registration, insurance, duties and applicable taxes (including excise tax and fuel conservation tax, where applicable) are extra. All prices are subject to change without notice. Retailer may lease for less. Lease based on a maximum of 24,000 km per year with excess charged at \$0.10/km. Total lease obligation is \$12,314/ \$12,216.31/ \$12,392.74. Lease and finance offers are available on approved credit through Nissan Canada Finance for a limited time, may change without notice and cannot be combined with any other offers. Retailers are free to set individual prices. Retailer order/ trade may be necessary. Vehicles may require factory order. Offers valid between March 3rd to March 31st, 2009. ‡Offer applies only to 2009 Versa Hatchback models on 36 to 60 month lease terms. Offer valid between March 3rd to March 31st, 2009. ‡Based on Transport Canada approved test methods. Your actual fuel consumption may vary with driving conditions - use for comparison only. ‡‡\$16,898 MSRP for a 2009 Versa Hatch 1.8 SL (B5RG59 AA00/AA10), manual transmission/ \$22,598 MSRP for a 2009 Sentra 2.0 SL (C4TG19 AA00), CVT transmission. Destination and PDE charges (\$1,325)/ (\$1,325), license, registration, insurance, duties and applicable taxes (including excise tax and fuel conservation tax, where applicable) are extra. All prices are subject to change without notice cannot be combined with any other offers. Retailer may sell for less. ‡WardsAuto.com's Lower Small segment, 2008, 2009 Versa 1.8 vs. 2008 competitors. ‡©2008 AutoPacific, Inc. Ideal Vehicle Award. ‡Government star ratings are part of the National Highway Traffic Safety Administration's (NHTSA) New Car Assessment Program (www.safercar.gov). U.S. model tested with standard side airbags.